

GOOLWA PRIMARY SCHOOL

SEKOLAH DASAR
GOOLWA

MINYA
KULI KUTANGK



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Government of South Australia
Department for Education



Seesaw

No. 3 APRIL 05 2023 DIARY DATES

April 2023

- 7 **GOOD FRIDAY**
- 10 **EASTER MONDAY**
- 12 SAPSASA boys football
- 14 Colour Fun Run
- 14 End of Term 1
Early dismissal 2.15pm

May 2023

- 1 Term 2 begins
- 5 Coffee and Chat morning
- 27 Reconciliation Week

June 2023

- 12 **PUBLIC HOLIDAY**
- 13 **STUDENT FREE DAY**

LEADERSHIP TEAM

Louisa Guest, Principal
Louisa.Guest741@schools.sa.edu.au

Adele Kenny, Deputy Principal
Adele.Kenny426@schools.sa.edu.au

Toby Medlin, Wellbeing Leader
Toby.Medlin954@schools.sa.edu.au

Hayley Blyth
Inclusive Education Coordinator
Hayley.Blyth134@schools.sa.edu.au

Sophie Medlin
Literacy Coordinator
Sophie.Medlin579@schools.sa.edu.au

NEWSLETTER

“Quality Education in a Caring Environment”

OUR SCHOOL VALUES ARE:

Organisation • Persistence • Confidence • Getting Along • Resilience

#OneGoolwaFamily

WESTPAC LIFESAVER RESCUE HELICOPTER LANDING



We were fortunate to be a chosen school as part of the Westpac Lifesaver Rescue Helicopter Service SA Landing Program. Students met the crew, Chris, Thomas and Michael, with Westpac representatives Adrian and Donna. Our School and House Leaders were able to ask questions and everyone got the chance to tour the helicopter. Students listened and learned about the different equipment that is used, dangerous rescue's and how fast the helicopter flies. Special thanks to Darren from Surf Life Saving SA for organising the event.

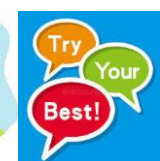


COLOUR FUN RUN



Friday 14 April

We have already raised more than \$10 000 for new play equipment for our students. If you haven't already, remember to create a student profile page. Congratulations to Room 2 who won the first competition and will celebrate with a class pizza party!



#OneGoolwaFamily

IN THIS EDITION...

- Welcome
- OSHC
- School Matters
- Choir Excursion
- Harmony Day



Please contact the OSHC directly by phoning 0438 861 943

VACATION CARE

Book Now

GOSHC is happy to announce that due to the results of our recent survey, we will be running Vacation Care during the April holidays on

Tuesday 18

Wednesday 19

Thursday 20

Wednesday 26 and

Thursday 27 April.

Please phone 0438 861 943 for bookings.

SCHOOL MATTERS

GOVERNING COUNCIL OFFICE BEARERS

We are pleased to announce our office bearers

Chairperson – Kristy-Lee Fidock

Secretary – Pam Johnston

Treasurer – Kayla Scarlett

Grounds Rep – Rebecca Hunter

Vice Chairperson – Grant Gibbins

Minutes Secretary – Ashlee Wray

OSHC rep – Laura Lewis

PNWG Rep – Kayla Scarlett

HOT CROSS BUNS FUNDRAISER

Thank you to the amazing parent helpers, Fiona, Amanda, Kayla and Kristy-Lee, everyone who purchased Hot Cross Buns and the Heritage Pies and Pastries Bakery. We raised just under \$200 for new play equipment for our students.



UNIFORMS

In 2023 we have a **Uniform Shop** in the stone building. The shop is only be open on certain days at certain times, so we apologise in advance that we will not be able to sell uniforms at any other time. The operating hours for the shop are

Monday 8.30am – 10am 2.30pm – 3.30pm

Wednesday 8.30am – 10am

Thursday 2.30pm – 3.30pm

Uniforms can be purchased online via the QKR app at any time, and will be delivered to your child/ren the next day. If the Uniform Shop is unattended during the above hours, please present to the front office.

PARENT NETWORK GROUP COFFEE & CHAT

We held our second parent coffee and chat this term. We will continue to offer this opportunity to parents and caregivers throughout the year. It will be held on the first Friday morning of each month, 9:05am in the library. All welcome – it is not a commitment to volunteer or fundraise. The next “First Friday” is on Good Friday so we will meet next term.

Add these dates to your diary Friday 5 May, Friday 2 June and Friday 7 July.



NO DOGS ON SCHOOL GROUNDS

No dogs are permitted on school grounds during school hours. There have been a number of droppings left on our beautiful oval lately, so if you are walking your dog through the grounds after hours (after 5pm only), **please clean up after your dog.**

WELCOMES

Hello staff, parents, students and volunteers!

My name is Kira and I am here at Goolwa Primary School on Placement for my Social Work degree at Flinders University, I will be here from February-late June and I am incredibly excited to meet more of you. Some things to know about me; I love exercising, whether that is going to the gym, going for a walk, a swim or stretching. I have an urge to travel and cannot wait to explore the ways in which I can do both Social Work and travel. I enjoy working with children and getting to know them.

Thank you,

Kira!



Hey! I'm Ella one of the Flinders University Social Work students joining the amazing Goolwa Primary team for the first half of this year. My main role as a student is learning how to advocate for students' wellbeing needs in an educational institution and implement support where needed. Some things about me include being local to the area, I'm vegan and a big animal lover, the beach is my second home and in my spare time you will find me skating, doing yoga, or at the gym. I look forward to getting to know everyone!

CHOIR EXCURSION

On Friday 31 March, sixteen year 4 students (Sienna, Katy, Isabella, Ella, Jemma, Chloe, Cambria, Olivia, Zale, Will, Tahnee, Rubi, Emily Marlee, Maddie and Tahlia), were accompanied by Mrs Guest, Mrs Johnston, and Mrs George to the Goolwa Regatta Yacht Club. The students had the pleasure of singing with two other members of the community, Gary from the River Rats Band, and Abbie, 'I am Australian'. The performance was to open the celebration of life for a local community member, Mr Robert Carless. Mr Carless, will be remembered as a very important member of the Goolwa community and the Goolwa Regatta Yacht Club, as he helped with the redevelopment of the old facilities into the wonderful club house and boat moorings they have today.



HARMONY DAY

Harmony Day is a celebration of our cultural diversity – a day of cultural respect for everyone who calls Australia home. Harmony Day is celebrated every year on March 21st. Harmony Day coincides with the United Nations International Day for the Elimination of Racial Discrimination. At Goolwa Primary School, we took part in learning different cultural dances. Students enjoyed two Footsteps dance lessons the week before Harmony Day, where they learnt the cultural dance they performed for the Harmony Day celebrations with their families. They dressed in orange or bright colours.

- The Reception to Year 2 students learnt a Bollywood-inspired dance to the music 'Dance me if you can'.
- The Year 3 & 4 students learnt a dance to a Calypso song, 'Shake Senora'
- The Year 5 & 6 students learnt a Greek dance called 'Zorba's dance'.

Goolwa Primary School Harmony Day celebrations included students' family members being invited to attend and watch the students perform their dances. Following this, families could join their students and enjoy a lovely family community picnic.



Harmony Day

What is it?

harmony day is a day we come together and celebrate **Everyone** for their differences and care for them **all** its always celebrated on the 21st of March to also celebrate our Australian multi-cultural land.

Why is it celebrated?

to know that everyone should be included even if their a different race than u.

How did Gps celebrate harmony day?

we danced. All of the school to **include**. Everyone also we ate with our families.

Harmony day

What is it

harmony day is on the 21st of march it is celebrated for how Australia is a multi-cultural Continent and supports everybody in it. An having diversity.

Why is it celebrated

It is celebrated for Australian and other among Aus. Also to have fun and wear orange and excepted cultures.

How we celebrated

Our school celebrated by doing cultural dancing and having a picnic with our family and friends while wearing ~~orange~~ **ORANGE**

Have

Harmony

U can Put in News-

Harmony Day

What is Harmony Day?

a Day to respect others culture and religion.

Why is Harmony Day celebrated?

to Bring everyone together no matter what culture or religion.

How did gps celebrate Harmony Day?

Dancing to different culture or religion as a respectful thing.

When is Harmony Day?

the 21st of the 3rd every year!

harmony day

1 what is harmony day
a day where all culture
celebrate

2 why is it celebrated
to bring all

Cultures together

3 how did GPS celebrate
by dancing to different
cultures and wearing
orange

Active April 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3 Listen to your body and be grateful for what it can do	4 Eat healthy and natural food today and drink lots of water	5 Turn a regular activity into a playful game today	6 Do a body-sean meditation and really notice how your body feels	7 Get natural light early in the day. Dim the lights in the evening	1 Commit to being more active this month, starting today	2 Spend as much time as possible outdoors today
10 Have a day with less screen time and more movement	11 Set yourself an exercise goal or sign up to an activity challenge	12 Move as much as possible, even if you're stuck inside	13 Make sleep a priority and go to bed in good time	14 Relax your body & mind with yoga, tai chi or meditation	8 Give your body a boost by laughing or making someone laugh	9 Turn your housework or chores into a fun form of exercise
17 Be active outside. Dig up weeds or plant some seeds	18 Try a new online exercise, activity or dance class	19 Spend less time sitting today. Get up and move more often	20 Focus on 'eating a rainbow' of multi-coloured vegetables today	21 Regularly pause to stretch and breathe during the day	15 Get active by singing today (even if you think you can't sing!)	16 Go exploring around your local area and notice new things
24 Get active in nature. Feed the birds or go wildlife-spotting	25 Have a 'no screens' night and take time to recharge yourself	26 Take an extra break in your day and walk outside for 15 minutes	27 Find a fun exercise to do while waiting for the kettle to boil	28 Meet a friend outside for a walk and a chat	22 Enjoy moving to your favourite music. Really go for it	23 Go out and do an errand for a loved one or neighbour

ACTION FOR HAPPINESS Happier · Kinder · Together

COMMUNITY NEWS



JOIN US AT THE RIVER PORT OF GOOLWA

28 – 30 APRIL 2023

Celebrating South Australia's rich maritime history and boat builders past and present, wooden craft of all shapes, size and age will gather at the River Port of Goolwa for the South Australian Wooden Boat Festival. The biennial, two day Festival will present an exciting mix of both on water and land based activities, there will be plenty to see and do.

Autistic Traits in Emerging Adulthood

WIN One of 15 \$100 gift cards!

We are inviting adults aged 18 to 30 years to complete an online survey (approx. 30 minutes).

ACCESS SURVEY [HERE](#)

CONCEPTUALISING SUCCESS IN A TRANSITIONAL LIFE STAGE

This study aims to understand how people who display different levels of autistic traits cope with the pressures of becoming an adult.

For more information, please contact the Chief Investigator, Claire Brown at claire.brown@monash.edu

This project has received ethical approval (MUHREC Approval ID 36507)

Circle of Security Parenting

Do you want to have more understanding about your child's behaviour? Come along to this FREE 8-week course and learn how to:

Help your child organise their feelings, enjoy a more fulfilling relationship with your child, help your child to feel secure both now and into the future

Time: 10am – 12pm
Date: Tuesdays: 9th, 16th, 23rd & 30th of May
6th, 13th, 20th, 27th of June

Venue: Goolwa Children's Centre: Brooking St, Goolwa SA 5214

Creche is available for children to support caregivers to attend this course. Bookings can be made on 8555 2509

Bookings essential. Please contact The Goolwa Children's Centre- 08 8555 2509

Fleurieu Families | **Goolwa Children's Centre** for Early Childhood Development and Parenting

APRIL SCHOOL HOLIDAY CLINICS

Keep your kids active while learning new skills and making new friends these school holidays!

Hockey SA Clinic designed for all skill levels, focusing on development and school holiday fun, with sessions for ages 9-12 and 13-15 years. All sessions held at MATE Stadium.

Play mini matches with your friends while staying active and healthy, but most importantly having fun!

On conclusion of the session, all participants will be provided a meal and the opportunity to acquire feedback from the coaches.

9 - 12 YEARS

 FRIDAY 21 APRIL 8:00am - 12:00pm (Morning session) @ MATE Stadium	 FRIDAY 21 APRIL 1:00pm - 5:00pm (Afternoon session) @ MATE Stadium
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13 - 15 YEARS

 WEDNESDAY 26 APRIL 8:00am - 12:00pm (Morning session) @ MATE Stadium	 WEDNESDAY 26 APRIL 1:00pm - 5:00pm (Afternoon session) @ MATE Stadium
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